

# LOSS

BY SASHA XARRIAN

There are many in America right now that are losing their homes.

My children and I lost our home shortly after my divorce. Losing your home, a loved one, a business, a job, or any other significant thing or person in our lives brings forth vast and unsettling emotions.

Our sense of security, identity, and safety is threatened.

We wonder if we will survive. We wonder how we will survive. We feel pain, anger and a sense of tremendous loss.

At one time or another we will all experience this in our journey through life.

Sometimes we merely survive the upset.

Sometimes we are left with unresolved anger and a lingering or lifelong feeling of unjustness and unfairness.

Sometimes we experience a greater sense of ourselves and our abilities. We realize that we can not only survive but that we have intelligence, instincts, and strengths beyond what we previously believed. Sometimes we experience a peace that is more profound than we ever imagined. Sometimes our self-confidence expands. Many times we learn the power of letting go. And many times we learn that we are not the things we own or we are not the other half of another person.

What is life about?

Why do these “calamities” befall us?

Why are we here?

I believe that we are here to learn who we really are. I believe that we are here to grow in our power, love, intelligence and sense of self. I believe we are here to demonstrate to ourselves that we can survive and that after and through survival we rise to higher levels of spiritual and internal power. When I use the word power, I mean the ability, capacity and action of generating – of creating – this divine power within that many times has lain dormant waiting to be awakened.

Are you experiencing a wakeup call right now?

Are you being challenged beyond reason?

Are you unsure of your ability to survive or cope?

Know that you are more than this experience.

Know that you are divine.

Know that, on some level, you may even have created this event for your own growth or wakeup call.

Know that this may be a turning point in your life.

Know that you may discover a part of yourself that you never knew existed.

Know that – in time – you may look back on this experience and call it the best thing that could have happened to you.

Know that it is not “bad” and neither are you.

Know that you are a creator.

Know that life is with you – whether you feel it now or not.

Know that you have the ability to look at what occurred or is occurring and figure out what you could have done differently to have prevented this. Know that it really is okay that you didn't prevent it. Learn from this experience.

As you have read in *Outrageous Mastery*®, I figured out how to get a home for my children and myself. It was a wreck and it made me angry but once my children and I accepted it as a challenge – we rose to the occasion.

The pride that we all felt a year later went soul-deep. A neighbor just shook her head and said, “You are superwoman!”

And I felt like superwoman.

Know that everything passes.

Know that life goes on.

Know that you are more than this experience.

Know there is a reason for it.

Know it may turn into a gift.

Know that you are incredibly special.

Know that you are loved.

Know that it doesn't mean you are a failure.

Know that it doesn't mean anything negative about you.

It is a life experience. That is all.

And it is an opportunity to be stretched, to go beyond your comfort zone, to find out how tough you really are. It is your challenge.

Rise to the occasion and show yourself who you are.

Look for and find the opportunity that is awaiting you. It is there.

Know you are more important and worth more than what is happening.

Know, as time passes, everything will be fine.

Know that you are the one that can make it fine.

With Love and Mastery,

Sasha Xarrian

You can find out more about this author by visiting  
[OutrageousMastery.com](http://OutrageousMastery.com)

# WHO IS SASHA XARRIAN?

Sasha Xarrian is the author of the Outrageous Mastery® trilogy, which has been read in over 90 countries.

Outrageous Mastery® is the true story of a woman who lost everything; her extended Mormon family, husband, home, money, friends, and the set of beliefs she had followed since birth.

Taking sole custody of her children with no way to support them, she struggled to create a brand new formula for life, a new set of beliefs that would give her the certainty to create the life she yearned for.

And she did.

Not only did she create a life of wonder and vision, but she healed her son from a lifelong illness, developed a system for instantaneous communication with God/Higher Power, created vast amounts of money in very short periods of time, increased the love in her life by 1000%, constructed a new modus operandi for life, and created a legacy for generations.

Her story not only captivates people's hearts and souls but also drastically changes their lives. She receives emails from readers all over the world who are using her formulas to powerfully create in ways they never dreamt possible. (Many of them can be found at [www.OutrageousMastery.com](http://www.OutrageousMastery.com).) Here are a few excerpts:

***“Experiencing Outrageous Mastery is the most mind-blowing, life-altering, adventurous journey I could ever have dreamed!”***

***“What an incredible book... It took my breath away!”***

***“It blew my door to power off its hinges!”***

The Outrageous Mastery trilogy will amaze you, shock you, fascinate you – and have you seriously wonder and inquire into your own powers.

Check it out! [www.OutrageousMastery.com](http://www.OutrageousMastery.com)